



fusion
allied health

Pilates Matwork Class

New Intake—Tues November 23rd 5:30pm

Join our increasingly popular classes with a new Beginners class to start. Small group class (usually 7-8) run by Julie, one of our practice principals, a physio with excellent experience in Pilates.

Phone Now to book

5443 5411



Enjoy close supervision, get results quickly in a safe supportive and well-supervised environment.